Claude Werner Laviano photographer

ISO Comparison Indoors and Outdoors

Set your Control Dial to "S" (Nikon) or "Tv" (Canon).

Choose one Lens Focal Length to use, such as 35 mm, 45 mm, or 55 mm, etc.

Place your subject outdoors for the first set of photos, and then indoors in a darker room during the day or at night with the room lights on.

Keep approximately 1 foot of space between the subject and the top and bottom of the camera's frame for each lens focal length.

Have the subject anywhere from 10 - 20 feet, or farther, away from the background.

Photograph the subject at the different ISO setting below, from low ISO to high ISO:

Lens Focal Length	ISO Setting	Shutter Speed
55 mm	100	Adjust as needed
55 mm	200	Adjust as needed
55 mm	400	Adjust as needed
55 mm	800	Adjust as needed
55 mm	1600	Adjust as needed
55 mm	3200	Adjust as needed
55 mm	6400	Adjust as needed